

# KAL KIDS

## Junior Timetable

### Monday

Junior Circuits  
16:00 - 16:45  
Sports Hall 1

Smash Up  
17:00 - 18:00  
Sports Hall 1

KAL Kickers  
18:00 - 19:00  
3 - 4 Years

### Tuesday

Teen Gym  
16:00 - 17:00  
Gym

Teen My-Ride  
16:30 - 17:00  
Spin Studio

### Wednesday

Teen Gym  
16:00 - 17:00  
Gym

Gymnasics  
16:15 - 19:15  
Sports Hall 2

Trampolines  
17:00 - 19:00  
Sports Hall 2

### Thursday

Teen Gym  
16:00 - 17:00  
Gym

Gymnasics  
16:15 - 19:15  
Sports Hall 2

Teen My-Ride  
16:30 - 17:00  
Spin Studio

### Friday

Junior Boxing  
16:30 - 17:15  
Sports Hall 1

Back to Netball  
17:00 - 18:00  
Sports Hall 1

### Saturday

Pre Kickers  
9:00 - 9:45  
Sports Hall 2

KAL Kickers  
9:00 - 12:15  
Sports Hall 1

Gymnasics  
10:00 - 16:00  
Sports Hall 1

Teen Gym  
11:00 - 12:00  
Gym

KAL Kickers  
11:15 - 12:15

Teen Gym  
12:00 - 13:00  
Gym

Junior Archery  
12:00 - 14:00  
Sports Hall 2

KAL Kickers  
12:15 - 13:15

### Sunday

No Strings  
16:00 - 18:00  
Sports Hall 1

## Kids Parties

We offer sports hall or pool hire for childrens parties. For more information or to book call 01484 766131



[www.kalkids.co.uk](http://www.kalkids.co.uk)

# KAL

